the akura Post KAITAKE Football Club ŌKATO LIONS CLUB Constable Matt Stone Kaitake Ranges Arts Trail UPDATE **NEW Artists** Cover: NZ School Champ Under 18 Winner,

Kaitake Community Board

I have found the life of an elected member in recent weeks to be a bit like being stuck in a raging surf, battered by wave after wave from every direction

The finalising and presentation of our 2023-26 Community Board Plan, preparation for the creation of the Council 2023-33 Long Term Plan, working through the development of the Mā Ake: Your Way – Transport Choices Proposals and the potential impacts they will have on our Kaitake community, preparing submissions on the Councils Draft Waste Management & Minimisation Plan, keeping tabs on the ever moving feast that is the Three Waters Reform, preparing recommendations on the Resource Management Reforms, attempting to reinvigorate the recommendations of our State Highway Speed Management Plan submission that became part of the Labour Parties "immediate reprioritisation" policy bonfire earlier this year, and pushing to ensure that the projects that have been initiated continue to be progressed, such as the Headland Walkway construction, the Whenuanui Stream Bridge reinstatement, and a variety of Community Board Discretionary Fund approved projects, are just some of what is on our plate at present.

And this is in addition to Business As Usual assisting with the normal day to day meeting cycles, assisting with service requests, and advocating on behalf of residents with issues that are brought to our attention.

This confluence of activity is as a result of the combination of; some significant, and controversial central government policies, a change in Prime Minister not long ago, an impending national election, the new trimester Year One local government planning cycle, and actions and planning being undertaken following the lessons learned after recent disasters like Cyclone Gabrielle and her associated weather patterns. And when you couple this with public pushback at the levels of recent rates increases and the other financial pressures that many are under, it is little wonder that reactions to much of what is going on at present are becoming vociferous and sometimes obstreperous.

A lot of what we are involved in at the moment is about doing our best to ensure that decisions that are made do not adversely impact on Kaitake residents, or to strongly advocate where we want to see some of our pressing issues getting over the funding line.

In other cases however, there are activities on the Council's plate at present, the direction of which, are either out of its control, or are

significantly constrained in terms of options open to council regarding their implementation, and some of these activities are polarising the community, creating significant angst in some sectors, and excitement and high expectations in others.

As an example, the New Plymouth District Council recently received \$17m in funding from Waka Kotahi (the New Zealand Transport Agency) as part of a central government Transport Choices programme; a national programme funded by a Climate Emergency Relief Fund (CERF) that was formed out of the Government's Emissions Reduction Plan.

This funding is allocated to support projects that are focused on reducing dependency on fossil fuels and cars, and those projects must work towards building a walking, cycling, and/or public transport network that connects to places where people want to go for everyday needs.

The NPDC has proposed three projects which focus on "improving the safety of cyclists and walkers along some our busiest streets", in most cases extending existing cycle lanes and pedestrian facilities. They are proposed for South Road/ Devon Street West, Mangorei Road, and Breakwater Road/St Aubyn Street.

It cannot be denied there are better, more favourable locations in the district for the use of this funding, but Council is quite rigidly constrained in terms of where and how the offered funding can be expended.

The furore around the proposals being considered is evident in the media and out on the street, and some of that pushback is around the "waste of rate payer money" and, where it is considered that the money should be spent – along with the loss of carparks and the effect on businesses.

Such are the joys of local body politics I guess.

In the meantime, Go the All Blacks and Up the Wahs

The next meetings of the Kaitake Community Board is at the Ōākura Bowling Club on Monday 9 October, and Monday 20 November.

Ka kite ano, tiaki i te katoa (take care everyone).

Graham Chard - Kaitake Community Board Chair 027 2204 549 - thechardz@gmail.com

On behalf of Teresa Goodin, Renee Hohaia, Paul Lobb and Anneka Carlson.





Kaitake Football Club

In 2023 the club has just kept growing and has again see a substantial increase in members, now boasting over 100 registered playing members! Representing the community, it has two Men's Teams, Women's Team, and its 1st Junior Under 13s team, the Kaitake Mavericks, proudly wearing the Yellow & Black Stripes! The Mavericks finished 2nd in their league. Great work Team!

Under 13s Team Coach Colin Webber says, "The group have had so much fun this year and have loved playing their football representing Kaitake FC. Long may this continue, and we hope to see more young girls and boys getting involved in 2024."

Cunningham Construction Kaitake FC 1st XI had a successful season, finishing third in the Men's championship division, only two points off the top. Most excitingly of all is the growth of youth in this team with many players under the age of 18. The team has developed into a very strong force in the division thanks to the leadership of coach Glenn Hooper. Congratulations to team captain Jimmy Bevington for winning the league and club golden boot, scoring 31 goals in all competitions and passing 100 goals for the club along the way.

Webber Building Kaitake FC HB's Socials had a successful campaign, finishing 2nd in the Men's Division 2. Congratulations to striker David Gilmore, also winning the division's Golden Boot.

Kaitake FC Women had a truly fantastic season in this their 2nd year! Great growth and putting some magnificent performances together with help from coach John Gray. His knowledge and experience has been instrumental in the team finishing 2nd in the Taranaki Women's Division. The ladies have had so much fun this season and cannot wait to get going again in the new

year. Congratulations To Melissa Holmes for winning the team's 'player of the year'.

The club is already pumped for the 2024 football season, playing home fixtures at our home Corbett Park with completely renovated club rooms as part of the Kaitake Community Sports Hub. Moving forward to 2024 we would love to have you involved, playing football in the community! Men, Women, Children please register your interest in playing football next year by emailing the club at info@kaitakefc. co.nz or go to the club's Facebook page.

A massive THANK YOU to our sponsors this season, Cunningham Construction, Webber Building, Three Sisters Brewery, Fast Pace Solutions and Tsunami Sports.

And finally a BIG THANK YOU to our Volunteers, Members and Families of Kaitake FC. The club would not be as amazing as it is without your support.







2023 Citizens' Awards - Val Deakin Recognised



Val Deakin has been a feature in recent POST articles.

JUNE: Jane and Val Celebrate 50 Years of Dance

JULY: The Val Deakin Dance Theatre Belongs to Taranaki

AUGUST: Belonging, It Was an Open Night Sell Out

Val is back in the news again. The NPDC was looking for nominations for a 2023 Citizen's award, seeking someone who's blazed a trail in our community, someone who's done something awesome and deserves recognition. It's no surprise that a member of the public nominated Val for the Award this year.

The final decision of the twelve award winners was announced recently at an event hosted by Mayor Neil Holdom. District Councillors each presented an award to a recipient along with comments as to why they were selected.

Councillor Bryan Vickery awarded Val her Citizens' Award and talked about her illustrious career as a dancer, a pioneer of dance education in schools, her environmental work, and as a life-long champion of women's rights. Val complimented Councillor Vickery on his choice of colour of the tie he was wearing, "Purple, a women's suffrage colour," she quipped.

Jane Roseman, Assistant Director of the Val Deakin Dance Theatre, and several of the dancers were there to share the occasion with Val and see her receive her well- earned certificate and Citizen's Award pin. Val was delighted to be recognised for her contributions along with the many other volunteers who make our communities better places.

Elayne Kessler

Photo credit: Roger Richardson

Cathys Care Centre Quiz Night a Great Success

Thank you, thank you to all!

Festoon provided the perfect venue for bringing us all together, the lovely atmosphere and fabulous food was a winning combination.

The support from everyone who came along and contributed in a variety of ways to this fun night was grand.

Dinner before the quiz was a great way for folk to have a catch up before the quiz business began.

Jo Sheather excelled in her quiz master role, bringing a style all of her own! The local questions were a tester at times, highlighting how you can live somewhere and not notice your surroundings!

\$1552.50 was raised on the night. These funds will go towards a range of items, from simple necessities like door mats, a shower rail and coat hooks for the bathroom, through to blinds for the windows. A sofa bed for the Whanau Room provides seating that is open ended, maximizing the space, and chairs to suit Grant Stewart's beautifully handcrafted recycled Rimu table, a round table style selected to provide a sense of togetherness, and a compact standard lamp for softer lighting when needed. All those touches combined with the gifted pieces, transforms the building into a welcoming space.

Our thanks to you all \dots The TOP Events Team

Photo credit: Jane Dove Juneau

EMBARRASSED BY
UNWANTED FACIAL HAIR?
Electrolysis is a permanent method of hair removal

Tracey Lusk Clinic Permanent Hair Removal Specialist

Ph (06) 752 7875
Txt 027 636 8060
No4 BUTJERS LANE, OAKURA

Kaitake Golf Club

Hi Everyone,

We have just finished laying new carpet in the Ladies Locker Room and it looks awesome.

We have had an overwhelming response to our Quick Six programme which starts in October. Since this is fully booked Andrea will be holding another session in February 2024. If any of you Ladies out there are still keen to learn golf please contact Andrea 0274 3587001 or email andrea.jarrold@xtra.co.nz and she will add you to her list.

Been a quiet few weeks with not much happening at the club regarding competitions. Very proud of our member Brodie Ferguson who is doing so well:

- 1 Brodie Ferguson 72 70
- 2 Joseph Doyle 76 70
- 3 Kingston Taylor-Voyle 73 73
- 4 Jordan Anderson 73 74
- 5 Jamie Reid 75 74
- 6 Aarun Langtun 73 77
- 7 Andrew Searle 75 76
- 8 Dean Baldock 74 77
- 9 Tony Hardy 77 75
- 10 Brian Martelletti 77 77

Congratulations to Brodie Ferguson taking out the Westown Cup by 4 shots with rounds of 72, 70. Also a very impressive performance as runner up NZ Under 19s played at Timaru.

Men have finished TOP DOG with the winners being Neville Jans and Colin Woodward beating Steve Corlette and Geoff Farrant. They also played STUMPYS CHALLENGE which was won by Grant Hildred and Alan Bennett.

HOLE IN ONE!

Congratulations Garry Rowes. Played on the 21st June 2023 on the 9th hole.

ATTENTION TEE SIGN SPONSORS

Thank you to our latest sign sponsors; The Cream Co. and CMK. We are still looking for more sponsors, especially for our tee signs. If you are interested please contact Denise in the office or if you know anyone that would like to advertise their business please get them to contact the office. We really appreciate all sponsors who help make the running of our golf club slightly easier.

CHIPPERS

The next Chippers Day will be coming up soon. Chippers will be informed in due course via group text. We will be in touch and hopefully we can get some coaching for the kids. New players are always very welcome. Chippers ages range from 5 – 12 years. It costs \$40 to join as a member for the year allowing the children access to the course at any time as

long as they are under supervision. Contact the office for details 06 752 7665

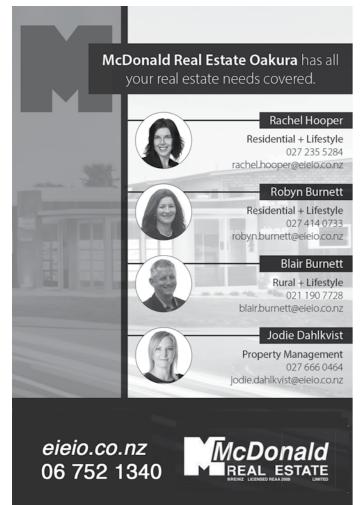
If any adults have young chippers thinking of playing golf, they can come along FREE of charge with any FEE PAYING ADULT. We have Chippers clubs here that they are more than welcome to borrow and have a go at playing golf.

TARANAKI VETS GOLF:

All golfers aged 50 and over may join the Taranaki Vets Golf. Call Denise at the office 06 7527 665









Kaitake Ranges Conservation Trust



The weather has suddenly shifted from the cold, wet days of winter to a fantastic spring. Many Trust volunteers have been taking advantage of these lovely sunny days to get out exploring the Kaitake Ranges by checking traps, tracking kiwi or just going for a walk.

This past winter has been a bit of a tumultuous time for the Trust. Back in May we were excited to share the great news that there have now been 31 kiwis released into the wilds of our local Kaitake Ranges. Unfortunately, this past winter did not all go according to plan when it was discovered that a couple of the birds were predated upon and killed by an introduced predators – most likely a ferret.

One good thing to come out of the predation has been all of the different people and groups coming together to strengthen our local community. Since the deaths were discovered there has been a small crew of extremely dedicated volunteers who have been out checking on all of the remaining kiwi frequently. I want to give a big shout out and thanks to this crew – Kelvin Perrie, Claire and Campbell White, Jackie Keenan, Pete Morgan, Rachel Law, Paul Lobb, Keith Coughtrey, Jane Dobson, Sarah Campbell, Carlos Reid, and Faye Crawford. You all have been legends.

Not only has that crew increased their checks of the birds, but more importantly, they (along with many others) have been doing the extremely important work of checking and rebaiting the hundreds of traps scattered across the Kaitake to try and catch predators – ferrets, stoats, and feral cats.

The Trust volunteers are most definitely not the only ones out working in the Kaitake Ranges. There are a lot of others who put in long hours, and give their time and advice to help us achieve our goals of protecting our precious taonga species. I just want to thank these groups – Taranaki Kiwi Trust, Taranaki Mounga Project, and Taranaki Regional Council.

Some other good news is that many of the kiwi have coupled up, bred, and there has already been a successful hatch of a chick this season. Incredibly, one of the males (whose partner was killed) has been diligently sitting on his eggs and been extremely cautious hiding his nest. Therefore the overall population of kiwi living in the Kaitake Ranges is still increasing and hopefully will continue to do so.

Spring has sprung, which means that we are approaching an important time to be checking and rebaiting traps – both those up in the Kaitake Ranges, but also those in backyards. We are getting into bird breeding season and also approaching the time of year when juvenile stoats will be leaving the burrow and getting on the move. Please set your traps and check them regularly to give our native species a good chance at survival!

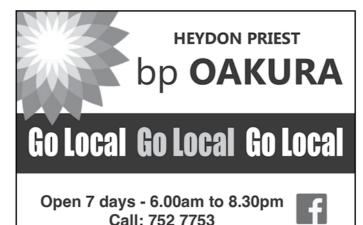
Last year at this time the Kaitake Ranges were insane with the bird call and I anticipate the same this year. If you have the time, go take a walk up into the bush to see and hear the bush coming to life with birds.



Toby Shanley and Sian Poitier of the Taranaki Kiwi Trust, holding Lewis and his chick. They were found in the same hole when performing the annual health check on Lewis and to change the battery on his transmitter.







ŌKATO LIONS CLUB

Okato Lions Club has been volunteering along the coast since the 70s. We are always looking for new members who like to volunteer in the community. We currently have 18 members of a varied age group who are active. You don't have to be retired to join up or help out at events.

We have been running BBQs for the Coastal Taranaki School, the local Ōkato Market, at the Ōkato Christmas Parade, and the Weetbix kids event. Each year members sell Daffodils for the Cancer society, help at the ANZAC Parade, volunteer for the Egmont ½ Marathon and many other events (including our 4x4 memorial drive).

Money we raise is used for the local community as well as international fundraising for major disasters, environmental projects, and helping those less privileged in many countries.

Some our National weather events have had money donated to them from Lions International as Lions are the largest humanitarian organisation in the world.

The Lions will be setting up collection boxes to collect old coins (there is a Red Can at the Ōākura Four Square) which are used to go to a trust that can be accessed for self improvement or trips etc for youth. Usable old glasses which are donated to the Pacific Islands have been collected in the past, if you have some you want to donate you can contact Colin Tyler.

If you would like to come along and meet new coastal people and help in the community, we meet first Wednesday of the month at the Hempton Hall in Ōkato at 6.30pm where we have a meal to start with and have interesting speakers. This year we have Emergency Management, a local dog club showing us how Customs dogs work, Regional Council on pest control in Taranaki, Graham Chard on the local ward and Council Ideas.

If you are keen to come along please contact Colin Tyler on 027 542 1853 or photocolint@gmail.com

ŌĀKURA LIBRARY

Join us for pre-school story time Thursday 5 Oct 10-10.30am. Hopefully as the weather improves we'll move out onto the deck!

If you've been motivated by the fabulous gardens in the Festival and want to learn more about gardening, here are some of our popular new

- Garden of your Dreams: a practical guide to your best outdoor transformation ever
- No-waste organic gardening
- The regenerative Garden: 80 practical projects for creating a selfsustaining garden ecosystem
- Yates Top 50 fragrant plants
- Bloom: flowering plants for indoor and balconies

If the artists have inspired you to try your hand at a new creative endeavour, we have some beautiful books to explore:

- Palette Knife Painting: Deep Impasto
- Lighting People: A Photographer's Reference
- Painting Nature with Clare

If you take a look at our Puke Ariki website you'll find our 'reading lists'. They're a wonderful resource for when you don't know what to read next and are looking for an interesting title. They're also great for research purposes. Each reading list offers titles that relate to a genre, a theme, or a book awards. For example some of the list titles are Sustainability, Te Reo Māori, NZ Fiction and Non-Fiction, Popular Crime and Romance novels. Many lesser-known awards might also be of interest such as the Nebula award (USA) that recognises sci-fi or fantasy novels, and the British Author of the Year British award. You're bound to spot something on the lists that catches your attention.







JARED BARRON

© 027 208 6113 www.dooreysdoors.com

ROLLER DOORS / SECTIONAL DOORS / TIMBER DOORS

REPLAY: Your Local Recycled Sports Gear Initiative

Pass it on to Play! Keeping kids active

Do you have a collection of sports gear gathering dust? Exciting news! REPLAY, a local initiative, is making a difference in our community by reimagining the lifecycle of sports equipment. The core mission of REPLAY revolves around supporting the well-being of local tamariki and rangatahi by giving life to pre-loved sports equipment and making it available to those who need it most, ensuring that sports gear continues to inspire active lives.

What's even better? There's a hassle-free way to contribute to this impactful initiative. A dedicated donation drop-off point is conveniently located in your community at the Ōākura Library. This means your used sports gear, whether it's a rugby ball, a skateboard, or a yoga mat, can be easily donated, knowing they'll find new homes and be put to good use once again

If you want to know more about this initiative and how you can further support this movement, or if you want to access the donated gear, please contact Jasmin Carr.

Email: jasmin.carr@sporttaranaki.org.nz Phone: 027 946 3855

Find out where our other donation stations are and how this initiative came to life here: https://www.sporttaranaki.org.nz/school-supporttaupua-nga-kura-1/donate-sports-gear-with-replay-





Oakura Pharmacy

Come and Talk to our friendly staff about your health concerns & medication

Prescription/Pharmacist Consultation/ Health Supplement & Vitamin/ Gifts / Ear Piercing

> 1132 Main South Road, Oakura 4314 Phone: 06 752 7557

MORNING TALK **COFFEE GROUP**

Come along to the NPOB Surf Club Every Thursday from 10am - 11am Any enquiries call Tracey 752 7875



Morning Talk Coffee Group Guest Speaker Hilary Blackstock

From Sport Taranaki - Thursday 12 October

Kia ora koutou. I work at Sport Taranaki as the Strength & Balance co-ordinator. I'm looking forward to sharing about what I do and how you can improve your strength and balance to live well, age well and remain independent, either with things you can do in your own home or by attending one of the fantastic classes in Taranaki which are safe, fun and effective at improving your strength and balance.



May help in the treatment of varied health conditions

NOW AVAILABLE IN OAKURA Contact Lisa Tamati

- Health optimisation specialist
- Epigenetics certified coach
- · Longevity & anti-aging consultant
- Author & pod-caster

MOBILE: 021 844 743 EMAIL: support@lisatamati.co WEBSITE: lisatamati.com



Coastal Antennas

- UHF & Satellite installations
- HD & Digital Distribution
- Cable Runs TV Set-ups
- Domestic & Commercial

027 746 1313

the Ōākura Post the Ōākura Post





NPOB Surf Life Saving Club Ōakura

Not long now before the 2023-24 season starts

Our current lifeguards will soon be getting refreshed to be ready for volunteer patrol which will start Saturday 25 November 1-5pm and continue every Saturday and Sunday thereafter until Taranaki Anniversary Weekend. There will also be several opportunities for new lifeguards to sit their award before the start of the season. If you are interested in being a lifeguard please email npobsurfclub@xtra. co.nz for details.

Lifeguards - keep an eye out for lifeguard refreshers, first aid, patrol captains, instructor and rock module courses.

Junior Surf will start this season Sunday 5 November at 10am and thereafter every Sunday 10am to midday. Sessions start at 10am sharp with a briefing in front of the surf club (beach side). Please ensure you arrive 15 minutes prior to get organised so you are ready to go by 10am. It is super helpful for yourself and your child/children if you can get along to one of the Friday night information nights prior to Junior Surf starting (dates below). Call in and register, get your subs paid and your club kit sorted.

Back in August we had a small group of our Oceans kids compete at the Taranaki Pool Rescue Champs, the first time this event had been run for about 15 years. Our crew had a great day and came away with a lot of placing, lots of laughs and good memories.

Anyone wanting any information about the surf club, how to join, lifeguarding etc, please email npobsurfclub@xtra.co.nz for details.

Follow us on Facebook to stay in the loop with what is happening - NPOB Surf Club.

Dates for your calendar:

Oct 13, Friday - 5pm Club kit @ the surfclub

Oct 27, Friday - 4.30pm onwards
Info, registration, club kit @ the surfclub

Nov 3, Friday - 4.30pm onwards Info, registration, club kit @ the surfclub

Nov 5, Sunday - 9.45am Junior surf starts

Nov11, Saturday - tbc Senior carnival @ NPOB

Nov 24, Friday - tbc Senior Stan Bridger Long Distance @ East End Nov 25, Saturday - 1-5pm WEEKEND PATROL STARTS

Nov 26, Sunday - tbc Senior Stan Bridger Carnival @ East End

Dec 10, Sunday - tbc Junior carnival @ Opunake





Therapeutic, Relaxation, Pregnancy & Sports Massage

> Text Alexia today 021 414 76904

497 Plymouth Rd, Koru www.mymuscles.kiwi









Ōākura TENNIS CLUB



The tennis courts are seeing some action with the warmer weather and not just the moss growing!

The US open has wrapped up with some inspiring tennis action, especially the women's doubles winners kiwi Erin Routliffe and Canadian Gaby Dabrowski.

Our Love Tennis open day was a cracker day on Sunday 10th. Monica and Graeme were kept busy running kids' games, Sue had lots of preschoolers on court with mini nets and Rowans bbq skills were put to the test! Yifat was busy signing everyone up and Monica has plenty to fill her coaching sessions. Kids all got to win some great prizes and we will be drawing our meal vouchers first week of October. Those who came and signed up on the day and entered the draw for a trip to the Aussie open will have to wait until after 14th October to see if they on the plane to Aussie in January. Look out for some social Sunday sessions coming up in October to kick the season off.

Coaching groups for next term are getting finalised so get in touch with Monica at blitz tennis for adult and juniors coaching. Competition for seniors will start after Labour Weekend and juniors next term - any new comers welcome.

Thanks to our sponsors Fredericks, Healthspace, Insure Taranaki and BP Oakura.

JUNIORS CONTACT - Yifat 022 323 7210

SENIORS CONTACT - Graeme and Jackie 027 673 2900

COACHING CONTACT - Monica blitztennis.nz





Kia ora Koutou Katoa.

We're looking for new crew members!

Joining the brigade has many benefits beyond helping your community. The Ōākura brigade has a reputation for being a tight knit team who not only have each other's backs as a crew but also support and celebrate each other through life's ebbs and flows. If you are new to the village (as many of us were when we joined) the brigade is a great way for you and your family to get to know others.

It's not all moustaches and muscles either; we come from all walks of life and every member adds something different to the brigade so we look

You'll learn a lot of new skills, be professionally trained in aspects of emergency response and never be put in situations that are out of your training level. If you are 18 years or over and you'd like to find out more, we invite you to come down to the station on Dixon St, Mondays

The Ōākura brigade

Community Police Officer - Constable Matt Stone



Kia Ora Koutou,

I have been busy of late dealing with complaints respect to youth behaviour around social media.

It's become evident that children are using social media

as a gratification tool. Posts are being created involving them often behaving in a manner that is either morally or criminally unacceptable. The purpose for the posts is to receive likes and comments from friends/followers.

I suggest some boundaries around your child's phone, if you relate to these problems.

Some examples may include:

- Your child leaving their phone at home if they're meeting friends during the day; give them a time to be home, know where they
- Regularly checking your child's phone for content; if they don't allow you to then they don't deserve a phone.

- Make some rules about how long they can be on their phones
- No phones in their bedroom.

You have paid for the phone I'm sure, so then the boundaries you make are a compromise for the use of the phone.

Unfortunately, with living costs increasing there is also increased stress on our daily lives.

I want to offer my support should anyone need advice or knowledge around services available. Reach out if you or someone you know needs some assistance. I can make referrals to an appropriate agency or simply give advice where needed

Lastly, if there is any community event on and you would like a speaker or Police attendance, I'm more than happy to assist where time permits. I enjoyed attending the Okato Playcentre the other day and seeing the smiles on the kids' faces was awesome.

Until next time.

Matt - matthew.stone@police.govt.nz





Oākura Bowling & Social Club

OPENING WEEKEND

A sensational spring afternoon welcomed in the beginning of the Ōākura Bowling Club 2023/2024

calendar. It was great to see new and social members alongside the usual crowd enjoying the friendly banter around the green and later in the club rooms.

Big thanks to the green keeping team of Wayne Robinson, Wayne Gray and Bruce Jackson for preparing the green. It was running spectacularly. Also, thanks to Rod Smith and his merry team of helpers who kept the surrounds in superb condition over the winter break.

SPECIAL OFFER

The Ōākura Bowling Club is offering all firsttime bowlers a package deal with the offer of \$50 membership fees for the initial year, club polo shirt, the use of new club bowls and coaching sessions. Contact Steve Muller on 0211695863 for further details.

TOURNAMENTS

October bowling action includes the start of the mid-week Avery Cup and Gilmour Shield and the Saturday Shield interclub competitions. The club Championship Fours 15th of October starting at 9.30 am. The club has also entered two teams in the Barry Agnew Memorial pennants competition, creating a pathway for new bowlers to gain vital matchday experience and test their skills against some of Taranaki's best bowlers.

are also being played on Sunday the 8th and

Building the social and community playing base is a key challenge for all bowling clubs. The Ōākura Bowling Club will be organising twilight bowls evenings on select Friday afternoons throughout the season where local community members can play this great game in a relaxed, organised and friendly environment. Details of the afternoons will be confirmed in the next edition of the TOP(The Ōākura Post).

The Club would also like to thank the New Zealand Community Trust, Toi Foundation and the Aotearoa Gaming Trust for their continued financial support throughout last year. Key projects where this funding was allocated include the implementation of new sunshading outdoor blinds, replacement of the green irrigation and watering system and the purchase of green chemicals for the upcoming

The underarm bowler

This good because I'm Vegan **OPENING HOURS** Thursday & Friday 9am - 2.30pm Saturday & Sunday 9am - 4pm PHONE (06) 7524 829 LEMONWOOD Eatery Vesan / Vesetarian / Awesome Main road OKATO - at the roundabout

Indoor Bowls

completed our club championships, with all the winners representing us at the Central Division champ of champ events. Most didn't get past the first round which is played in a knock out format, but our singles champion Merv Hooker went through unbeaten and won the event. A great achievement, well done

We also played off our novice singles event which is for bowlers with less than five years experience. We had four people competing this year which was played in round robin format, and I am pleased to say Andy Marshall won the event having won all his games. He gets to take home the Leo Bennett Memorial trophy. Another fun event was the annual President vs Club Captain evening where teams are pitted against each other, with bragging rights for the winner. This year the Club Captain pipped the President's teams with 3.5 to 2.5 wins.

We visited the New Plymouth club in town which was a fun social night, and we hosted FranklevStar at our club in early September with all games played in good spirits. They were so eager a number of them were at the hall before we were!

Finally we held our closing night in mid September, so another season over. Along with the prize giving we invited the Warea club along for a social event, which was great. We played a few fun games including the kitty in the middle of the mat, and even no kitty at all. The MVP award this year went to Marion Gray, who did really well for a first year bowler. She was in two winning teams and runner-up in

Thanks to everyone for another great season and we look forward to starting again next

The President



10 the Ōākura Post the Ōākura Post 11



Learner Capabilities at our Kura

The Ōākura School learner capabilities are traits that our school community believes all tamariki need to have in order to grow up to be successful leaders and adults. The Learner Profile was developed a few years ago. Students, teachers, the Board and whānau all helped to develop this tool that helps our students aspire to be the best possible student they can be when they leave Ōākura School at the end of Year 8. Mrs Jackson, our principal, says that the learner capabilities are skills and dispositions that will help each ākonga/student to reach their full potential in whatever path they wish to follow. They will also shape our learners so that they can successfully contribute to society, now and in the future. She believes that if children are helped to become confident then they will be able to go into the world prepared for anything.

Our first learner capability is manaakitanga. Manaakitanga is about expressing kindness, showing respect for each other and being accepting of and celebrating people's differences. This is a very important learner capability, as it helps make our school a kind and caring place to be. Jax Hohaia, from Gecko Rūma, believes that you should always include people and be friendly and welcoming. He also said that it is important to make people feel better about themselves by saying kind words to them.

Manawaroa is another important learner capability and this one is about being resilient, setting goals and striving to achieve them, completing important tasks, regulating emotions, and making good decisions during stressful times. We can assure you that almost everyone at our school shows resilience every day. Molly Freeman, Year 3, believes that, when you are faced with problems, you should try your hardest to get to your goal and complete it. For example, Molly told us that she was painting a day scene and accidentally splashed some black paint all over her work. She solved the problem by making her picture a night time painting instead.

Maia is the learner capability that is about confidence. This is developed through sporting events, academic work, or even just starting a conversation with someone you've never met before. At our school, Maia is shown every day. Cate Butterworth, Year 4, thinks that people should always try new things because if you don't try, you won't know what you can do. She thinks this will help with students' overall confidence as if you have no confidence you won't try anything new. Olive Dunne, Year 4, had some more ideas about confidence at school. She thought that if someone is not feeling confident about something they have to do, then other people should support them and encourage them.

Auaha is our next learner capability and it stands for innovation. This means being original and doing things differently, so everyone can stand out and cherish their uniqueness. Kahu Bailey, Year 5, thinks that being creative is great for your learning as it encourages you to try new things. He thinks it helps you come up with new ideas therefore helping you create stronger pathways in your brain. Summer Kurta, Year 6, says that when you are creative at school, your brain unlocks and helps you focus more on your school work.



The above learner capabilities then help students to develop ako. Ako is a very important learner capability as it is all about being an active learner. To develop this you have to be able to be positive when it comes to challenges. Tom Hale, Year 7, thinks that if you are an active learner you get more opportunities, therefore you gain experience for the future. Tom thinks that to be an active learner you have to learn from your mistakes.



Our final learner capability is Ko ngā kirirarau o te ao whānui, which is being a global citizen. It is about being a leader, understanding values and understanding the outside world. Fred Tarrant, Year 8, thinks that being a good global citizen means you should help out other students, look after our school environment, and be a good role model. He felt that being a good citizen would get you more opportunities in life and you would therefore leave the school prepared for the world outside.

Overall, learner capabilities are important to our kura, and it's important to recognise these traits and try our best to use them in everyday life. If you can use all these learner capabilities, you are using the best version of yourself, even just the small things that come under these learner capabilities that you can use anywhere; for example helping your teachers and peers out, or just doing a kind act. If you look around our school I can assure you that there will be tamariki using these capabilities everywhere, which is what we love to see at our school.

By Evelyn, Connie (13 years) and Paige, Lily (12 years)



surfshinewindows@gmail.com

0210 260 6632



Rich Teaching Techniques

By Ruby Gargan - Year 8

This year we have seen some innovative teaching across our school. Classroom windows have had mathematical working scribbled on them with whiteboard markers and acting has 'infiltrated' literacy sessions.

Three teachers have been lucky enough to be part of a Drama NZ project aimed at enriching literacy learning through drama. We asked Mrs Herbert from Kiwi (Year 1 class) to tell us a little bit about what they have been doing. "We have been making up our own stories and acting them out in drama and this has flowed onto our writing and oral language. We drew maps, wrote letters and developed characters for our stories."

Students from Kiwi talked about how they had created a map and that there was a small village that was filled with different characters. In their story, they had made a sun wizard that made it daytime forever and the villagers couldn't see stars.

Mrs Aylward from Tūī (Y3/4 class) said that because the learners have been involved in drama activities, the ideas are already in their head so it's a lot easier for students to come up with ideas to write about. Their current drama sessions are based around a lost bag. The students are writing about what they would do if they found it, and they like doing that because it feels like they are in the story.

Eva Rose, 9 yrs old, said "It's interesting and fun because you get to be the characters in your story". Honor, 8 yrs old, explained that she likes it "because it builds and expands your imagination and their teacher always makes the learning fun". Beau, 8 yrs old, explained how it "lets your imagination flow".

Across the school, mathematics has been looking a little different. Our teachers have been reading a book called 'Building Thinking Classrooms in Mathematics' by Peter Liljedahl, resulting in teachers utilising random grouping for many maths' activities. We have had a deeper thinking focus, presented with open ended questions that zoom in on the thinking and the process rather than just the solution. We use vertical non-permanent surfaces such as whiteboards, windows and doors to demonstrate our thinking as we solve problems in small groups. Ms Coffey commented that "This allows students to take bigger risks without the worry of making mistakes."

When speaking to students about the new lessons, Mika told us that it has given her

an open-mindset when it comes to problem solving and she now has more perseverance. Daisy responded that it helps her to collaborate with a wide range of people. Annie explained how it helps her to think outside the box mathematically and allow her friends to explain new mathematical ideas.

Through drama and mathematics sessions, we are extending our thinking as we are encouraged to collaborate more with our classmates.

OCTOBER COMING EVENTS

- 9 Term 4 begins
- **14** Election Day -voting booth in Ōmata Community Hall
- 17 Home and School Meeting 3:15pm
- 23 Labour Day Holiday
- 24 Teacher Only Day
- 26 Kapa Haka at Taranaki Puanga Festival at Waitara War Memorial Hall

House and Pet Sitter

Local mature woman available to house and pet sit.

References available, please contact Christine on 021 0295 4415



Four New Artists Join the Ōākura Arts Trail

Eleven Ōākura artists are looking forward to welcoming visitors into their studios during the Ōākura Arts Trail. Our Arts Trail will be held on the weekends of 28-29 October and 4-5 November, which coincides with the Fringe Garden Festival. Five of our artists will also be opening their studios for the entire week.

This year we welcome returning artist Brian Clark and four new artists to our trail. Portia Roper's art explores morphing animals by gradually changing them from one to another. Portia works from her mum Kris White's studio. Mixed media artist Heidi Turner has recently moved to Ōākura from the Coromandel. Heidi creates colourful mandalas, painted stones and jewellery using natural gems. Carmel Boone is looking forward to showing her contemporary abstract mixed media paintings. Printmaker Kyle Boonzaier joins Ross Bennett in his studio with prints and woodcuts.

An exhibition of the artists' work will be on show for the duration of the trail at the Okurukuru Vineyard and Bistro. Everyone is invited to join us for the opening night at 6pm Wednesday 25 October at Okurukuru Vineyard and Bistro.

For more information check the Ōākura Arts Trail brochure or the advert in the Fringe Festival brochure, and find artists and their studio locations on www.oakuraartstrail.co.nz or join us on Facebook.

NZ has the highest rates of skin cancer in the world. Taranaki has the highest in NZ!

90% of skin cancers are caused by sun exposure Remember cancer is preventable if diagnosed early.

Screening • Diagnosis • Surgery



The team specialises in the diagnosis and treatment of skin cancer. Contact us for a doctor skin check or mole map.

skinclinictaranaki.co.nz

183 Powderham Street, New Plymouth, 06 281 1698





DEAN BROWN

Plumbing Drainlaying

Commercial & Residential

(06) 753 9797 M: 021 457 046

DEANBROWNPLUMBING@GMAIL.COM



PICKERING MOTORS LTD

WE GET AROUND

Friendly services for all your transportation needs.

- Bus Charters
- Minivan Hire
- Trailer & Horsefloat Hire
- Scaffold Hire
- Coastal Bus Services

OFFICE HOURS: Mon-Fri 7:30am-5pm. Sat-Sun: Closed PHONE: 06 761 8363 or 0800 22 11 20 AFTER HOURS: Tracey 0274 900 556 or 06 761 7053

11 Tennyson Street, Opunake pickering.motorsltd@gmail.com

TOP Activities

Ōākura

Ōākura Hall Bookings

Vicky Jury 027 215 2465

Bowling and Social Club

Bowling tournaments September through to April. Both mid-week and weekend games. Steve Muller 021 169 5863

Dancing in the Dark

Glenys Farrant 027 753 0120

Golf

Practice net. Non members welcome. Clubs and balls can be supplied. \$5.00 WEDNESDAYS. Casual competition for non-members. 8am to 1pm open to everyone. Denise 752 7665

Inferno 45- 4 X Bootcamp fitness

Mon and Wed 6am, Fri 9am. Boxfit Friday 6am. All 1 hour sessions. Ōākura Hall. Graeme 021 536 990

Indoor Bowls

Enquiries to Marvin Clough 752 7531

JKA Karate

Jim Hoskin 752 7337

Justice of the Peace Estella, Anne and Lynn

Ōākura Library Thursdays 10am-12.30pm.

Kaitake Ranges Conservation Trust Pete Morgan 027 372 5182

morgpt@xtra.co.nz

Morning Talk - coffee group

Thursdays 10-11am at NPOB Surf Club. Free tea/coffee. Tracey Lusk 752 7875

'Move it or Lose it'

Strength and Balance Fitness Classes

Ōākura Hall, Wednesdays and Fridays 9.30am. Contact Gloria Zimmerman 027 284 9111

Meditation Group

Kate Evans 027 203 7215

Mini Groovers - Music Group

All parents welcome with babies/under 5's. Every Tues during term time 10-11am at the Ōākura Hall. Visit their Facebook page: Mini Groovers - Ōākura.

Ōākura Maimoa Club - after school care

Monday to Thursday 3pm to 5.30pm Bookings essential through Facebook @oakuramaimoaclub or by text to 022 323 7210

Ōākura Yoga - Kate Evans 027 203 7215

Pickleball Ōākura

Ōākura Hall - Wed 7.30pm, Thurs 9.15am. All skill levels welcome and equipment is provided. Elayne 027 937 7173 or Vincenza 027 739 6574

Playcentre

14 Donnelly St. Sessions run Mondays, Wednesdays and Fridays 9am - noon during school terms. oakura@playcentre.org.nz

Pony Club

Tracey Mackenzie 027 319 0238 traceymackkyle@gmail.com

Pool Club - Meets every Wednesday night 7pm over winter commencing April at Butlers Reef. All welcome. For more info call Margaret 027 232 1899

Probus Club

Meets once a month at Ōākura Bowling club rooms on the 3rd Friday of every month 10-11.30am. Contact Brenda Ryan 757 3537 or 027 748 9698

Te Reo Māori Lessons

Toni 021 661 912 thowison@hotmail.com

Oakura - St James Church

Sunday Service every 2nd and 4th Sunday of each month, 10.00am

Sunday School - St James Church

Every 2nd and 4th Sunday 10am. stjamesoakura@gmail.com

Scrabble - Ōākura Library

Mondays 1:30pm - just turn up.

Surf Lessons

Deken Waves Surf Coaching. Group & Private sessions available. Contact Simon: 021 122 9525 dekenwaves@gmail.com

Running for Kids

TempoFit Kids - get fitter and faster and have a blast along the way! Wednesdays at Corbett Park. 3:25pm 8-11yrs, 4:10pm 11-14yrs. Hayden Shearman 027 483 5942 tempofit.org/tempofit-kids

Tennis Club

Coaching for all ages and levels, go to www.blitztennis.nz All other enquiries contact Jackie 027 673 2900

Tai Chi Classes

Every Monday 9-10am at Ōākura Hall. Judi 027 268 2601. Just come along or contact: taranakitaichichuan@gmail.com

Val Deakin Dance School

Öākura Hall Tuesday afternoon -Pre-school dance classes at 2:45, ballet for 5+ 3:30 to 4:15. val@valdeakindance.org.nz 752 7743 or text 027 694 0933

Tataraimaka Hall

5 Elements Fitness Bootcamps

and Kickboxing Fitness classes

Monday to Thursday 5-6 pm, Barney 027 752 7076 barney@5efitness. com or visit www.5efitness.com

Gymnastics Group for children - 5-7 yrs

Tuesdays after school at the Tataraimaka Hall for basic level gymnastics sessions. Rose at rosem@realfoodnutrition.co.nz

Okato

Okato Community Church meeting

At Hempton Hall on Sunday mornings 10.30am - all welcome. Contact Nicky 027 497 3764

Okato and District Historical Society

Meg Cardiff 752 4566

Okato Lions Club

Contact Colin Tyler 027 5421853 - Meet at Hempton Hall first Wed of the month.

Okato Squash Club

Monday nights from 6.30pm. All welcome. Ladies morning Friday 9.30 -11am. Rachel 020 4092 5243

Okato - St. Paul's

Sunday Service every 1st and 3rd Sunday of each month, 10.00am

Mid-week Service – Pew for You, every 3rd Wednesday of each month, 4.30pm-6.00pm, okatocp@gmail.com

TOP Information

The Ōākura Post

Editor: Tracey Lusk 06 752 7875 / 027 636 8060 editor@theoakurapost.co.nz **Advertising:** Jacinda McCallum advertising@theoakurapost.co.nz

Design/Layout: Emily Bennett

Proof Reader: Elayne Kessler

Founded in Ōākura, NZ - 1st June 2020 ISSUE: No. 38

NOVEMBER Issue

Delivered and online from 27 September.

Views expressed in The $\bar{\text{O}}\bar{\text{a}}$ kura Post are not necessarily those of the The $\bar{\text{O}}\bar{\text{a}}$ kura Post

www.theoakurapost.co.nz | editor@theoakurapost.co.nz

This page is kindly sponsored by the Norton Moller Family, trading as Ōākura Farms Ltd

Do your ears feel blocked, are you having trouble hearing?

Some people naturally produce a lot of wax that can become impacted and cause irritation and hearing loss. Other things may increase the need to have yours ears suctioned such as hairy ears or hearing aids.

- Are you prone to ear wax build up?
- · Do you wear hearing aids?
- Do you use cotton buds?
- Are you about to have a hearing test?
- Are your ear canals narrow or hairy?



Ear wax build up can cause... Discomfort, Itching, Pain, Ringing in your ears (tinnitus), Dizziness and Reduced hearing.

Earwax removal is safe and effective. It is performed by our trained and experienced registered nurses and involves using a microscope to view your ear and a small suction tube to remove the wax.

Ear suctioning removes ear wax gently and safely. No referral is necessary.

Simply phone Carefirst: 753 9505 to book your appointment in our Westown clinic today

Ear Suction Clinics - Carefirst WESTOWN Medical Centre 753 9505

WONDERFUL **MADE EASY**

Amanda Donaldson and Jenny Rowe are local business owners and operators who bring the showroom to you. With helpful tips and advice on colours, patterns and styles during a free in home consultation with proposals on the spot. Flybuys with every purchase and finance options available: Buy now, pay later.

Amanda offers a variety of flooring options. Famous carpet brands (in every style, colour and texture including stunning wool carpets), vinyl, luxury vinyl planks, timber and laminate (with different colours and plank styles). Jenny offers her experience to help you select window furnishings across many different styles from curtains, romans, blinds, venetians, shutters, blockouts and sun filters and offers an EXCLUSIVE urban fabric range.



Call Amanda for Carpet 027 224 9899 Call Jenny for Curtains 027 314 7710

